

HEP C

HEP C CAN BE CURED

Yes, Hep C can be cured about 95% of the time, but each treatment cost £80k and there is limited resources, long waiting lists. Hep C will come right back if you keep doing whatever caused you to become infected in the first place - Prevention is always a better choice.

ONLY BAD OR IRRESPONSIBLE PEOPLE GET HEPATITIS C

While it's true that certain behaviours can increase your risk, it helps to remember that many reasons why people get hepatitis C were out of their control. It's not your fault that you got this viral infection—life simply happens.

HIV ISN'T AROUND ANYMORE

HIV is mostly certainly still in our community and people with HIV are at an increased risk of Hep C for example sexual transmission of hep C is more common if one partner already has HIV.



HELP US SHAPE THE FUTURE FOR YOU AND YOUR PEERS.



SAFER INJECTING

✗ POOR PRACTICE

Sharing needles can lead to HIV or Hep C

Injecting into the groin or neck does not give a better hit and can lead to increased pain, infections or bleeding out

✓ GOOD PRACTICE

Use your local needle exchange to ensure you have a supply of new needles

Rotate your injection sites

TESTING

✗ POOR PRACTICE

Avoiding testing can lead to increased outbreaks of Hep C and HIV

Avoiding testing because you are anxious or nervous

✓ GOOD PRACTICE

Testing is a dry blood spot and takes less than 60 seconds

Call drug outreach team, or visit your local GUM clinic

PREVENTION

✗ POOR PRACTICE

Sharing equipment – needles, filters and cookers

Thinking you don't deserve help, support, or treatment.

✓ GOOD PRACTICE

Hep C can live for weeks outside the body. Visit your local needle exchange for a sterile pack

Visit a testing centre or reaching out for advice

FIND SUPPORT IN YOUR LOCAL AREA

www.Drugsandalcoholni.info

TALK TO SOMEONE WHO HAS EXPERIENCED THE SAME PROBLEMS

www.rsun-ni.org.uk